

Resultat Solna OK Lång-KM 24/9 2023

H75

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|----------------|---------|
| 1. Jan Bojling | 46:49 |
| 2. Lars Nordin | 1:01:21 |

H60

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| 1. Håkan Sjunnestrand | 58:51 |
| 2. Michael Sjögren | 1:24:07 |

H21

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| 1. Farhad Rouhani-Kalleh | 1:52:03 |
| 2. Love Danielsson | 2:01:00 |

D45

- | | |
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| 1. Annika Svensson | 33:31 |
| 2. Johanna Danielsson | 1:04:09 |